

ATTENDEE PROGRAM

The PARKinson's Conference.

Movement for Parkinson's.

OPENING

Welcome to The PARKinson's Conference.

Movement for Parkinson's.

Parkinson's is the world's fastest-growing neurological condition. On the Sunshine Coast, a growing community is meeting it with movement, connection and care – and today, that community is in this room.

The Parkinson's Centre exists to deliver outstanding allied health services for people living with Parkinson's and their immediate carers. Our mission extends further: to educate, support, and champion the rights of everyone impacted by Parkinson's, and to build an effective network that truly cares and delivers.

The PARKinson's Conference brings together people living with Parkinson's, their carers and families, clinicians, researchers and the wider community for a day of practical strategies, honest conversation and shared hope. Thank you for being part of it.

WHAT TODAY IS ABOUT

- ✓ Practical strategies you can use straight away
- ✓ Leading clinicians and researchers
- ✓ Community, connection and lived experience
- ✓ Hope for what's next

With thanks to our major sponsor, Sundale, and our conference partners, Parkinson's Queensland and Wellways, for helping make today possible.





**Thank you to our conference
partners.**



wellways

Thank you to our sponsors.



PROGRAM

8:30 AM

ARRIVAL & REGISTRATION

9:00 AM

COMMENCEMENT

OPENING

Welcome & Housekeeping

Lachlan Pope *Master of Ceremonies*

Conference Introduction

Rory Cullinan

Opening Address

Andrew Wallace MP

session 1 Managing Symptoms

9:10 AM**Ryan Gee**Nurse Navigator, Sunshine Coast
Hospital and Health Service**Dr Chris Padgham**Respiratory & Sleep Physician,
Sunshine Coast Respiratory &
Sleep**Andrew Duffy**Associate Lecturer in Nursing
and Pain Researcher, UniSC**Dr Colleen Johnston-Devin**Senior Lecturer in Nursing,
UniSC**Q & A***Open floor for audience questions.***Morning Tea****BREAK AT 10:35 AM**

KEYNOTE**Keynote Address****10:55 AM****Professor Miguel Renteria**

PhD · Human Geneticist, QIMR Berghofer

JOINING ONLINE**Q & A***Open floor for audience questions.*

session 2 Practical Strategies For Living Well

11:35 AM**Dr Robyn Lamont**

Research Physiotherapist

**Dr Sarah Davies**

Lecturer in Occupational Therapy, UniSC

**Karen Malcolm**

Speech Pathologist · Restoring Hope Parkinson's Speech Therapy

Q & A*Open floor for audience questions.***Lunch Break****BREAK AT 1:05 PM**

session 3 Carer Session

1:45 PM**Lea Merone**Parkinson's Queensland
Presenter**Keynote Speaker****Dr Quentes de Vries**

Geriatrician & General Physician

Q & A*Open floor for audience questions.*

Afternoon Tea**BREAK AT 2:50 PM**

session 4 Quality of Life with Parkinson's

3:05 PM**Dr Simone Shaw**

Clinical Psychologist &
Neuropsychologist · Sure
Psychology

**Catherine Raff**

Sexologist

Q & A

Open floor for audience questions.

Stretch & Reset**BREAK AT 3:55 PM**

session 5 Innovation & Inspiration

4:00 PM**Bhaveena Patel**

Clinical Pharmacist · PKG &
Wearable Motor Monitoring
JOINING ONLINE

**Keynote Speaker****Prof. K Ray Chaudhuri**

King's College London
JOINING ONLINE

CLOSING Thank you all.

5:10 PM

Closing Remarks — Lachlan Pope & Rory Cullinan

CONFERENCE CONCLUDES**5:15 PM**

Please join us for drinks and conversation in the main foyer.

SPEAKERS

Meet the clinicians, researchers and voices of today.



Ryan Gee

Nurse Navigator, Sunshine Coast Hospital and Health Service

MANAGING SYMPTOMS

Ryan Gee is a Nurse Navigator with Sunshine Coast Hospital and Health Service, specialising in neurology and movement disorders at the Sunshine Coast University Hospital Movement Disorder Clinic. He coordinates care for people living with Parkinson's disease, Functional Neurological Disorders (FND), and other complex neurological conditions.

With more than a decade of nursing experience across acute, community, and specialised settings, Ryan is committed to improving patient outcomes through care coordination, education, and advocacy. He holds a Master of Nursing (Clinical Leadership) and works closely with multidisciplinary teams to enhance continuity of care and improve quality of life for people with neurological conditions.



Dr Chris Padgham

MBBS, FRACP—Respiratory & Sleep Physician, Sunshine Coast Respiratory & Sleep

SLEEP & FATIGUE IN PARKINSON'S

Dr Chris Padgham is a Respiratory and Sleep Physician with extensive clinical experience in sleep disorders, including those associated with neurological conditions such as Parkinson's disease. Sleep disruption is one of the most commonly reported non-motor symptoms of Parkinson's. Dr Padgham's presentation addresses the range of sleep disorders seen in Parkinson's — including REM sleep behaviour disorder, insomnia and daytime sleepiness — and evidence-based approaches to managing them.



Andrew Duffy

BN, MSc, RN, FHEA, MACN — Associate Lecturer in Nursing and Pain Researcher, UniSC

PAIN MANAGEMENT

Andrew Duffy is an Associate Lecturer in Nursing at the University of the Sunshine Coast. His work focuses on improving pain management through education, research and evidence-informed practice.

With a longstanding interest in neurological conditions, Andrew is committed to translating research into practical, person-centred strategies that help people better understand and manage pain. Through his teaching and research, he seeks to improve health outcomes and the care experiences of people living with chronic and complex conditions, including Parkinson's disease.

SPEAKERS

Meet the clinicians, researchers and voices of today.



Dr Colleen Johnston-Devin

RN, BN, GCAPN, GCTAE, PhD — *Senior Lecturer in Nursing, UniSC*

PAIN MANAGEMENT

Dr Colleen Johnston-Devin is a Senior Lecturer in Nursing at the University of the Sunshine Coast. She has extensive clinical and research experience across universities, hospitals, aged care facilities and community settings throughout metropolitan, regional and rural Australia.

Colleen's research focuses on chronic health conditions, particularly persistent pain, self-management and the lived experience of pain. Her work also encompasses gerontology, person-centred care, healthcare models and the education of future health professionals.



Professor Miguel Renteria

PhD · *Human Geneticist, QIMR Berghofer*

KEYNOTE ADDRESS

Keynote Speaker

Professor Miguel Renteria is a human geneticist, Rosenstrauss Fellow, and Group Leader at QIMR Berghofer in Brisbane. His work aims to use data science to unravel the genetic architecture of Parkinson's disease. He leads the Australian Parkinson's Genetics Study (APGS), a nationwide study with more than 20,000 volunteers, supported by the Michael J Fox Foundation, and part of the Global Parkinson's Genetics Program. He holds a PhD in Human Genetics from the University of Queensland and completed postdoctoral training at both Harvard Medical School and the Global Brain Health Institute at the University of California, San Francisco.



Dr Sarah Davies

PhD · *Lecturer in Occupational Therapy, UniSC*

PRACTICAL STRATEGIES FOR LIVING WELL

Dr Sarah Davies is a Lecturer in Occupational Therapy in the School of Health at the University of the Sunshine Coast. An experienced clinician who transitioned into academia after nearly two decades of practice, her research focuses on daily living interventions to enhance functional independence and participation for people living with Parkinson's. Sarah is an accredited CO-OP therapist and an Associate Fellow of the Higher Education Academy.

She holds a PhD, a Master of Occupational Therapy Studies, and a Bachelor of Biomedical Science from the University of Queensland. Beyond her academic role, Sarah serves on the board of Parkinson's Queensland Incorporated, is an alumni Science Ambassador for the World Parkinson Congress 2026, and facilitates the Sunshine Coast South Parkinson's support group.

SPEAKERS

Meet the clinicians, researchers and voices of today.



Dr Robyn Lamont

Research Physiotherapist

OVERCOMING BARRIERS TO EXERCISE

Dr Robyn Lamont is a Research Physiotherapist with research expertise in exercise and rehabilitation for people living with Parkinson's. Her work translates exercise research into practical, sustainable strategies. Her presentation explores the evidence base, how to overcome common barriers, and how rehabilitation approaches can be adapted across different stages of the condition.



Karen Malcolm

Speech Pathologist · Restoring Hope Parkinson's Speech Therapy

COMMUNICATION & SPEECH

Karen Malcolm is a Speech Pathologist who works exclusively with people living with Parkinson's disease, through Restoring Hope Parkinson's Speech Therapy. Her presentation covers evidence-based treatment approaches including SPEAK OUT!® and LOUD Crowd®, and practical strategies for people with Parkinson's and their communication partners.



Dr Quentes de Vries

FRACP · Geriatrician & General Physician

FUTURE DIRECTIONS IN PARKINSON'S CARE

The physician bringing the whole Parkinson's story together. Specialist General Physician and Geriatrician with additional training in stroke medicine and movement disorders. Key role in the Sunshine Coast University Hospital Stroke Service; also works privately at Sunshine Coast University Private Hospital and Beach Brain Clinic.

Keynote Speaker



Prof. K Ray Chaudhuri

MD, DSc, FRCP · King's College London

INNOVATION & INSPIRATION

Director of the Parkinson's Foundation Centre of Excellence at King's College London, Founding Editor of npj Parkinson's Disease and Editor Emeritus. Authored more than 500 publications; a 2024 bibliometric analysis identified him as the most published author globally in non-motor Parkinson's research between 2013 and 2022.

Keynote Speaker

SPEAKERS

Meet the clinicians, researchers and voices of today.



Dr Simone Shaw

DPsych · Clinical Psychologist & Neuropsychologist · Sure Psychology

APATHY, MOTIVATION & BEHAVIOURAL CHANGES

Dr Simone Shaw is a Clinical Psychologist and Neuropsychologist with a clinical focus on the psychological dimensions of neurological conditions. Working from Sure Psychology on the Sunshine Coast, she supports people living with Parkinson's to navigate the cognitive, emotional and behavioural changes that accompany diagnosis and progression. Her presentation explores apathy — one of the most commonly overlooked non- motor symptoms of Parkinson's — and practical strategies for supporting motivation and behavioural engagement.



Catherine Raff

Sexologist

QUALITY OF LIFE WITH PARKINSON'S

Catherine Raff is a Sexologist with a strong foundation in health, supported by university qualifications and more than 30 years' experience working in the government sector and a range of not-for-profit organisations. Her evidence-based approach is grounded in the belief that living intentionally and in alignment with our values, while prioritising health and wellbeing, is central to a meaningful and fulfilling life.

Catherine is particularly interested in how intimate relationships meet our need for love and belonging through emotional and physical connection. She is passionate about helping people feel more comfortable discussing and enjoying safe, consensual, and pleasurable intimacy, regardless of limitations, such as those experienced by people living with Parkinson's.



Bhaveena Patel

BPharm · Clinical Pharmacist · PKG & Wearable Motor Monitoring

QUALITY OF LIFE WITH PARKINSON'S

Bhaveena Patel has nearly 20 years of experience working with specialist Parkinson's therapies, across medtech, devices and pharmaceuticals. This includes end-to-end solutions from start-up to commercialisation, building sales cycles and clinical and patient pathways. Her experience spans routine clinical care, academia and research. She has worked with the PKG since the start of 2016 in the UK, and more recently has expanded into global training and education.

Allied health care focused exclusively on Parkinson's.

Understand where you are with your Parkinson's and what you should be focusing on next.

HOW WE CAN HELP

- ✓ Balance, gait & posture
 - ✓ Strength & conditioning
 - ✓ Agility, coordination & dual-tasking
 - ✓ Cognition & everyday function
 - ✓ Speech, swallowing & nutrition
- 1:1 appointments
 - Group programs
 - Partner Connect™ support for carers



Physiotherapy
Exercise Physiology
Occupational Therapy
Speech Pathology
Dietetics · Remedial Massage

MEDICATION IMPACT MONITORING

Parkinson's Precision Review+

Bradykinesia

Dyskinesia

Tremor

Sleep patterns

Medication responsiveness & timing

In-clinic assessment plus real-world monitoring — practical insights that shape your personalised care and support informed discussions with your neurologist or GP.

Talk to our team about your care.

(07) 5408 4387

No referral needed.

theparkinsonscentre.com.au

Kurrajong Building, 7/354 Mons Road, Forest Glen



Scan to contact us